



Seasons for Growth Grief Education Program Enrolment

Loss and grief are issues which affect all of us at some stage in our lives. Learning to deal effectively with these issues is central to personal well-being and happiness. Unresolved grief can also affect a student's learning. Saint Francis of Assisi Primary is offering an Australian program called **Seasons for Growth**, which supports participants who have experienced change in their family because of a death, separation or divorce. The program explores issues such as change, loss, managing feelings, coping strategies and support networks. **Seasons for Growth** is an eight session program which concludes with an additional Celebration session.

Seasons for Growth will commence later in Term 3.

It will be facilitated by teachers who are trained Companions during school hours.

If you think that your son or daughter would benefit from this program, we would encourage you to talk to him/her about this. Should he/she decide to participate, please complete the tear off section below and return to your **child's teacher**.

We have been offering this program for many years and have found it to be a powerful and successful program to support the children and their families.

I am happy to discuss this program with you if you have any queries.

Yours sincerely,

Lisa Conroy
Religious Education Coordinator

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I _____ am interested in my son(s)/daughter(s)

to attend the **Seasons For Growth** grief education program, beginning in July 2017.

Name _____ Class _____

Name _____ Class _____

The reason I would like to enrol my child/ren is:

Parent/Guardian's signature: _____ mobile: _____

Child's signature: _____

Child's signature: _____